BSc (Hons) Sport, Coaching and Development

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Subject	Level	Study Mode	Duration	Start Date	UCAS Code
Sport and Exercise Science	Bachelors Degree (Level 6)	Full-Time	3 years	September 2027	SCAD

The Course

This programme is currently undergoing a refresh to ensure you get the best experience and opportunity to achieve as an employment-ready graduate. Full details of the newly refreshed programme will be available later in the year, subject to approval, and will be communicated to all applicants at the earliest opportunity. Do you want to pursue a career within the sports coaching, physical education or sports development fields? Our BSc (Hons) Sport, Coaching and Development is for you. It has been designed to give you the underpinning knowledge and skills to coach within multi-skill, multi-sport, educational, sport-specific or sport development environments.

Course Aims

- Prepare you for employment within a range of sport, multi-skill, multi-sport, educational or sport development environments. Allow you to develop into a critically informed, reflective and adaptable graduate. Ensure you can demonstrate appropriate needs analysis tools to critically evaluate the needs of diverse groups in order to design effective, inclusive and individualised coaching programmes. Provide you with the knowledge and critical understanding of the concepts, theories and principles central to the study of sport coaching, physical education, sport development, outdoor education and health. Give you a broad understanding of the vocationally and academically relevant knowledge to pursue a career in related areas of work. Ensure you are aware of the wider applications and impact of sport within wider international, national and local policies and effectively influence the attitudes, understanding and behaviours of key stakeholders. Help you to maintain an evidence-based to plan, justify, deliver and evaluate beneficially aligned programmes of learning for long, medium and short term needs of participants. Ensure you are capable of communicating effectively with colleagues, clients or members of an interdisciplinary team. Help you to manage and critically reflect on your own personal development and continued learning to ensure effective career progression.

What You Will Study

Year 1

- Academic, Employment and Professional Skills
- Functional Anatomy & Biomechanics
- Physiology of Sport Performance
- Foundations of Sports Coaching
- Fundamentals of Sport and Exercise Psychology
- Introduction to Research Skills
- The Sports Development Landscape

Year 2

- Analysing Sports Performance
- Applied Sports Coaching
- Community Sports Development
- Principles of Strength and Conditioning
- Professional Practice and Development
- Research Methods and Analysis

Year 3

- Coaching Specialist Populations
- Dissertation
- Managing Sports Businesses and Partnerships
- Supervised Experience
- Talent Identification and Development

Entry Requirements

You will be required to have:

- A minimum of 96 UCAS points

AND

- GCSE English at grade 4 or above, or an equivalent qualification

- A suitable reference

UCAS points may be from qualifications such as A Levels, T Levels, BTEC Level 3 Extended Diplomas, Access to Higher Education Diplomas, and City and Guilds Advanced Technical Diplomas amongst others. Please use the UCAS Tariff points calculator to determine the UCAS points value of your qualifications.

Life and/or experience of non-traditional students will be taken into account when considering applications. The successful completion of an entry task may be required when considering applications without the required formal entry qualifications.

If your first language is not English, or a Tier 4 student visa to study is required and GCSE grade C/4 English or equivalent is not held, English language proficiency level such as International English Language Testing System (IELTS) 6.0 overall (with a minimum 5.5 in each skill) will need evidencing.

Advanced entry may be possible due to prior experience or certificated learning; applicants may need to complete the accreditation of prior learning approval process. If you have an appropriate HNC, you can apply for direct entry to Year 2.

Teaching and Learning Approach

This programme is delivered with a variety of learning and teaching approaches. For all modules, theory lectures are delivered that aim to deliver the core content and provide the underpinning knowledge. To complement the theory lectures, students have group seminars/practical sessions that are used to reinforce concepts delivered theoretically. The teaching methods focus on facilitating a student-centred approach to enhance the independent learning that takes place outside of the classroom. You will learn from experienced, supportive and motivated staff with both academic and industrial experience. Your experience will be enhanced by guest lectures, demonstrations, offsite trips and access to our online learning environment.

Time Required on Campus

Contact time includes approximately 12-16 hours a week to include lectures, seminars, practicals and tutorials. You are also expected to carry out a significant amount of independent study in addition to contact time (approximately 25-30 hours a week). Independent study includes reading around the subject, preparing for tutorials and seminars, preparing for, and completing, module assessments and revision for examinations; forming an essential part of your learning journey. You can expect to receive your timetable during induction week.

Work Experience

The programme requires you to participate in mandatory work-related experiences at all levels of study. This challenges you to apply the skills you are developing to real-world situations. Whilst on programme, you must accumulate a minimum of 200 hours of placement experience, including 80 hours of external work placement during Level 6 (third year).

How You're Assessed

Assessment includes written assignments, seminars, short answer exams, poster presentations, coaching practical, case studies, presentations and independent projects. Opportunities for feedback on assessments are available prior to the final submission to support your development and achievement. Staff aim to return assessed work within a 20 working day timeframe (not including holidays) so that you can most benefit from the feedback.

Clothing, Equipment and Additional Costs

- UCBB sportswear for practical sessions, work placement and internal coaching roles. Costs vary depending on the clothing purchased, with an approximate bundle price of &pound 100 (this is subject to annual supplier price changes).
- You may require an enhanced DBS Disclosure, which would be at your own expense. You can check the current cost on the www.gov.uk website.
- Trips and short courses may also be offered at extra cost.
- A suitable electronic device e.g. a laptop or tablet, with internet connectivity is required for accessing online learning.
- On successful completion of the programme, you will have the opportunity to graduate at a ceremony wearing formal dress. The hire of the formal dress is an additional cost.

Progression

The programme is designed to enable you to progress to postgraduate study in a range of areas including coaching, sport development, biomechanics and/or teaching/pedagogy.

Careers

Upon graduating from this programme, you could follow a career as a sports coach, sports development officer/manager, sport/performance analyst, P.E. instructor, teacher training, sport facility manager.

Financial Information

Find the full details of the fees associated with this programme and the financial support available on our https://www.bishopburton.ac.uk/degree-level-courses/information/fees-and-finance.

How to Apply

To apply, scan the QR code at the top of this page!

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